WHAT IF WE HAVE A FUN DAY WITHOUT UC GETTING IN THE WAY?

Learn how DELZICOL can help you manage your ulcerative colitis

DELZICOL® (mesalamine) delayed-release capsules is a prescription medication approved for the treatment of mildly to moderately active ulcerative colitis (UC) in patients 5 years of age and older and for the maintenance of remission of UC in adults.

IMPORTANT RISK INFORMATION

Who should not take DELZICOL?

- Do not take DELZICOL if you are allergic to:
  - salicylates, such as aspirin or medications that contain aspirin
  - aminosalicylates
  - any of the ingredients of DELZICOL

Please see additional Important Risk Information on pages 8 and 9, and full Prescribing Information available at www.DELZICOL.com.
Get to know DELZICOL

This booklet will help you understand what ulcerative colitis (UC) is and how DELZICOL may help you manage your or your child’s mildly to moderately active UC.

What you’ll learn inside this booklet

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- What is the cause of UC? 6
- How is UC treated? 6
- Why your doctor prescribed DELZICOL 7
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- How to start and stay on DELZICOL 10
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What is ulcerative colitis?

(UL-sur-uh-tiv koe-LIE-tis)

Ulcerative colitis, also known as UC, is an inflammatory bowel disease.

• It causes inflammation and ulcers (sores) in the large intestine (colon)
• The inflammation and ulcers can last for a long time
• Symptoms usually develop over time, rather than all of a sudden

But there’s good news! There are many treatment options available to treat UC. Your doctor will prescribe the treatment that’s right for you.

Receiving treatment can help reduce signs and symptoms of the disease. While there is no cure, it can even bring about long-term remission in adults.*

*Remission means that there is little or no inflammation in the patient’s colon during initial examination based on certain criteria used during a clinical study of mesalamine. Maintaining remission means that inflammation is still not present in a follow-up evaluation 6 months later.

What are the common symptoms?

While the signs and symptoms of UC can be different for each person, here are some of the most frequent symptoms people can experience:

• More urgent bowel movements
• Frequent diarrhea
• Bloody stool
• Abdominal pain
• Cramping
• Fatigue
• Loss of appetite
• Unexpected weight loss

More than 80% of people with UC have mild to moderate symptoms. Be sure to tell your doctor if you are experiencing any of the above symptoms.
**What is the cause of UC?**

No one knows for sure what causes UC

- Environment and family history may play a role

**How is UC treated?**

Medications may help

- No known medication can cure UC. However, there are medications that may help you get your or your child’s symptoms under control
- If your doctor has diagnosed your or your child’s UC as “mild to moderate,” you may be given a medicine called an aminosalicylate, or a 5-ASA
- Although the exact way 5-ASAs work is not known, it is believed that they help decrease inflammation in the colon

**Why your doctor prescribed DELZICOL**

In studies, DELZICOL helped some people 5 years of age and older with mildly to moderately active UC reduce their symptoms associated with UC.

In these studies, people had fewer incidences of rectal bleeding. Most patients experienced reduction in their number of daily bowel movements similar to the number experienced during their non-flare period.

**While results may vary from person to person, DELZICOL may help reduce symptoms associated with UC**

- Improvement or remission at 6 weeks
- Remission in adults maintained at 6 months

**IMPORTANT RISK INFORMATION**

**What are the possible side effects of DELZICOL?**

DELZICOL may cause serious side effects, including:

- Kidney problems: Your doctor may check to see how your kidneys are working before taking DELZICOL. It is important to complete all blood tests ordered by your doctor.
- A condition that may be hard to tell apart from a UC flare: Symptoms include cramping, stomachache, bloody diarrhea, and sometimes fever, headache, and rash. If you experience any of these symptoms while on treatment, call your doctor right away. He or she may tell you to stop taking DELZICOL.

Please see additional Important Risk Information on pages 8 and 9, and full Prescribing Information available at www.DELZICOL.com.
Before starting DELZICOL, tell your doctor about all medications you are taking, including:

- Nonsteroidal anti-inflammatory drugs (NSAIDs), such as ibuprofen and naproxen. Taking these medications with DELZICOL may increase your risk of kidney problems.
- Azathioprine or 6-mercaptopurine. Taking these medications with DELZICOL may increase your risk of blood disorders.

To report a side effect from one of our products, please contact Allergan Medical Information at 1.800.678.1605.

INDICATIONS
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  - any of the ingredients of DELZICOL

What should I tell my healthcare provider before taking DELZICOL?
Tell your healthcare provider if you:
- Have or have had kidney problems
- Are allergic to sulfasalazine
- Have or have had heart-related allergic reactions, such as inflammation of the heart muscle (myocarditis) or inflammation of the lining of the heart (pericarditis)
- Have or have had liver problems
- Have or have had a stomach blockage
- Have any other medical conditions

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DELZICOL may cause serious side effects, including:
- Kidney problems: Your doctor may check to see how your kidneys are working before taking DELZICOL. It is important to complete all blood tests ordered by your doctor.
- A condition that may be hard to tell apart from a UC flare: Symptoms include cramping, stomachache, bloody diarrhea, and sometimes fever, headache, and rash. If you experience any of these symptoms while on treatment, call your doctor right away. He or she may tell you to stop taking DELZICOL.
- Hypersensitivity (allergic) reactions: If signs and symptoms of hypersensitivity occur, immediately call your doctor.
- Liver failure: In patients who have or have had liver disease.
- Blood disorders: Elderly patients and patients taking azathioprine or 6-mercaptopurine need to monitor complete blood cell counts and platelet counts while taking DELZICOL.

The most common side effects of DELZICOL include:
- Adults: belching, stomachache, constipation, dizziness, runny nose, back pain, rash, upset stomach, and flu symptoms.
- Children (5 to 17 years of age): inflammation of the nose and pharynx, headache, stomachache, dizziness, inflammation of the sinuses, rash, cough, diarrhea, tiredness, fever, and increased lipase. Tell your doctor if you have any side effect that bothers you or does not go away. These are not all the possible side effects of DELZICOL.

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Before starting DELZICOL, tell your doctor about all medications you are taking, including:
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- Azathioprine or 6-mercaptopurine. Taking these medications with DELZICOL may increase your risk of blood disorders.

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How to start and stay on DELZICOL—4 steps for treatment success

Starting DELZICOL
Tell your doctor about ALL the medicines, even vitamins and supplements, you or your child are taking.

- Medicines like DELZICOL may increase the risk of kidney problems, especially when used with nonsteroidal anti-inflammatory drugs (NSAIDs) like ibuprofen
- Tell your doctor if you or your child have had any kidney problems
- DELZICOL may also increase the risk of blood disorders when used with azathioprine and 6-mercaptopurine
- If you or your child have been taking a different 5-ASA, be sure to stop taking it before starting DELZICOL

DELZICOL has a unique dosage form that may help patients who have trouble swallowing
Read on to learn more.
Capsule is not actual size.

How DELZICOL may help you achieve your treatment goals

There are 2 ways DELZICOL may help

1. Reduce the symptoms of UC
   - Adults: The recommended dosage is two DELZICOL 400 mg capsules 3 times daily (total daily dose of 2.4 grams), with or without food, for a duration of 6 weeks
   - Pediatric patients 5 years of age and older: Total daily dose is weight-based up to a maximum of 2.4 g/day, with or without food, divided into 2 daily doses for a duration of 6 weeks

2. Maintain remission of UC in adults
   - The recommended dosage is 1.6 g/day in 2 to 4 divided doses, with or without food

Always take DELZICOL exactly as your doctor prescribes

Please see Important Risk Information on pages 8 and 9, and full Prescribing Information available at www.DELZICOL.com.
Delayed-release capsule containing four 100 mg tablets. Capsules can be opened for patients who cannot swallow whole.

Dosage Form and Administration

- Open the number of capsules required to make up a complete dose
- There are 4 tablets per capsule. It is important that all tablets in each capsule are swallowed and no tablets are left in the mouth
- The tablets should be swallowed whole; they should not be cut, broken, crushed, or chewed
- Intact, partially intact, and/or tablet shells have been reported in the stool. Contact your healthcare provider if this occurs often.

More patients with mildly to moderately active UC can experience DELZICOL

Patients who are unable to swallow the capsule whole can open the capsule carefully and swallow the contents (four 100 mg tablets).

- Two DELZICOL 400 mg capsules cannot be substituted for one mesalamine delayed-release 800 mg tablet.

Please see Important Risk Information on pages 8 and 9, and full Prescribing Information available at www.DELZICOL.com.

Eligible patients may save on DELZICOL

- The DELZICOL Savings Card may help eligible patients SAVE per prescription fill
- For more information, visit www.DELZICOL.com, www.MesalamineSavings.com, or call 1.855.202.3248

For illustrative purposes only.
Sticking with DELZICOL

Make sure you understand the possible side effects and what to look out for when taking DELZICOL. Immediately tell your doctor if you or your child feel any side effects (please see pages 8 and 9 for Important Risk Information). Your doctor can tell you if there may be a reason to stop taking DELZICOL.

Some patients have reported finding the DELZICOL capsule in their stool — either partially or fully intact. Tell your doctor if this happens to you repeatedly.

- It can be hard to remember to take your medicine every day. To get the most from your medications, it is important to take them exactly as prescribed by your doctor.
- Your symptom-free period may be caused by the medicine doing its job; so if you stop taking DELZICOL, your symptoms may return.

Working with your doctor

Successful treatment starts with your partnership with your doctor. Use the following tips to make your time with your doctor as valuable as possible:

- Have your questions ready
- Discuss your or your child’s diet
- Take notes during your visit

Remember, no matter how embarrassed you may feel talking about UC, your doctor has heard it all and is there to help you.

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